

Easy Bake

KID APPROVED



Apple Cottage Cheese Bites

Preheat oven to 350 degrees

Ingredients



1 cup cottage cheese



1 cup rolled oats



1/2 cup applesauce or
1 small grated apple



1 large egg



1/2 tsp cinnamon



1 tbsp honey or maple
syrup (optional,
for added sweetness)



1/2 tsp baking powder

Pinch of salt

1. In a mixing bowl, combine cottage cheese, oats, applesauce or grated apple, egg, cinnamon, honey or small grated apple, Mix until well combined.
2. Allow the batter to sit for 5 minutes to let the oats absorb some moisture.
3. Scoop the mixture evenly into the mini muffin pan, filling each cup almost to the top.
4. Bake for 18-20 minutes or until the bites are set and lightly golden on top.

Try it at home!
Add raisins or
blueberries
next time.



Wimberly's Roots
Community Garden and Kitchen
Winder, Georgia